

# Family Disaster Supplies List



Keep these items together in a plastic tub or container or store them together in one cabinet so they will be easy to find.

## NON-FOOD ITEMS

- Battery-powered radio, flashlights
- Extra batteries
- First aid kit (include acetaminophen or other nonsteroidal anti-inflammatory drug NSAID, antibiotic cream and antacids) and manual.
- Prescription medications (month's supply recommended)
- Photocopies of prescriptions (pharmacy records may not be available right away)
- Credit card and cash
- Personal identification
- Spare set of car keys
- Extra pair of eyeglasses
- Matches in a waterproof container
- Signal flare
- Whistle
- Map of the area

- List of important phone numbers
- Special items for babies/young children/elderly.
- 3 gallons of water per person
- Bar soap/toiletries
- Paper and pencils
- Masking or duct tape
- Plain chlorine bleach (may be needed to sanitize drinking water)
- Plastic bucket with a tight lid.
- Plastic garbage bags
- Non-electric can opener and utility knife (like a Swiss Army knife)
- Paper cups, plates, and plastic utensils
- Blankets or sleeping bags
- A change of clothing, rain gear, and sturdy shoes for each family member.
- (In warm weather climates, you may also want to include sunscreen and insect repellent)

## FOOD ITEMS

- Peanut butter and jelly
- Ready-to-eat canned soup, canned meat, milk, fish, fruit and vegetables (10 cans per person is recommended)
- Bread/crackers stored in waterproof bag or container

- Powdered or single-serve drinks
- Cereal/granola bars
- Packaged condiments

## FOR PETS

- A two-week supply of dry and canned food.
- Water (1/2 gallon per day)
- Litter box supplies
- Traveling cage

## IF THERE IS AN EMERGENCY AND YOU NEED TO

## EVACUATE IMMEDIATELY, MAKE SURE TO TAKE THESE ITEMS:

- Personal identification
- Special items for babies/young children/elderly
- 3 gallons of water per person
- Bar soap/toiletries
- Non-electric can opener and utility knife (like a Swiss Army knife)
- Paper cups, plates, and plastic utensils
- Blankets or sleeping bags
- A change of clothing, rain gear, and sturdy shoes for each family member
- Canned meat, milk, fish, fruit and vegetables (10 cans per person is recommended)

